



Whispering Knoll

62 James Street
Edison, NJ 08820
732-744-5541



Assisted Living Newsletter June 2009

Inside this Issue...

RESIDENT CORNER -

WHISPERING KNOLL DIARY -By Sally Beckwith

RECREATION CALENDAR– Find out what's happening and what programs and trips you would like to sign up for.

EMPLOYEE OF THE MONTH - Getting to know the current employee of the month-William Gregan

Special Events...

6/3 Ceramics with Barbara

6/4 Crafts with Valerie

6/9 Art of the Masters

6/11 Edgar Childcare Visits

6/11 Rock & Roll BBQ with Joe Paris

6/17 Evening Entertainment w/Lester Smith

6/18 Garden Club

6/24 Collage with Sandra Frank

6/26 Janet Gennaro Entertains



Administrative Staff

*Rosie Chavez
Executive Director*

*Hanh Truong RN
Director of Wellness*

*Bernice Ambroise-Hollins
Director of Community
Relations*

*Bill Gregan
Director of Building Services*

*Wilkinson Agenor
Director of Dining Services*

*Carissa Keil-Sweeney
Director of Recreation*

*Michele Chihadeh
Program Director of Special Care*

*Christina DePack
Administrative Assistant*



Resident of the Month

Beverly Teich

Beverly's cropped gray hair almost visibly shimmers with energy. Her eyes behind her round glasses are alive with good humor as she laughs in answer to my impertinent question, "Why do you wear your hair so short?"

"I went to my beautician and said I'm tired of coloring my hair. What do I do to get back to my natural color?" She answered, half-joking, "We cut off all the colored hair." So, I said, "Let's go." When she got down to gray stubble, I said, "I like it! I like it!"

Beverly now does her pale sculpted cut about every 4-6 weeks. She's a classy lady. Beverly and her husband Stanley moved into Whispering Knoll a little over a year ago. Stan was a stroke victim, and his health steadily deteriorated. After two serious falls and two hospitalizations, Stan was moved to Somerset Care center, where he died in hospice. Stan and Beverly had been married over 58 years.

Beverly was born in Newark and grew up there "On the wrong side of the tracks." Beverly laughs, "It's now called the Ironbound section, the best place to live in Newark." Bev graduated from East Side High School and went on to graduate from Montclair State Teachers' College in 1946. "I met Stan in the summer of 1946, just started teaching secondary biology and chemistry in Newark High Schools. When I found out that post-war public schools needed more elementary school teachers than secondary level ones, I went to Columbia Teachers' College to receive certification for elementary school teaching." Beverly worked at several jobs, including teaching elementary school children with physical and emotional disabilities. "It was really tough. We had classrooms with as many as ten kids with varying degrees of disabilities. In those days, there were very few special Ed resources on Programs." Beverly and Stan were married in 1950, and moved to Highland Park. Stan had grown up in Highland Park and after graduating from Rutgers went into the family business in New Brunswick... Harry's Menswear. Those were busy years. Bev and Stan had two sons David and

Jonathan, and Bev pitched in at the store, working on Thursday nights, "big nights in New Brunswick, and on Saturdays."

Harry's Menswear was on Albany Street, and is gone now, the block now home to a bank and a parking garage. "Downtown New Brunswick is no longer a good location for quality stores like Harry's" Beverly sadly observes. "But it has become a cultural center with Rutgers University next door, and the State Theatre and George Street Playhouse, and some very good restaurants nearby."

After David and Jonathan were in school, Beverley volunteered for 15 years as a "room visitor" at Robert Wood Johnson hospital. She joined Pressman Toy Corporation, makers of the highly popular Wheel of Fortune board game as its purchasing and expediting executive. "That was my most fun job". Stan sold the family business in 1972, and became an undercover IRS agent!

His motto..."If you can't beat 'em, join 'em."

"We did a lot of traveling...Turkey, Israel, Mexico, the Caribbean, and a lot of the

American West. We loved the Canadian Rockies. We enjoyed our life together, and were blessed with two wonderful sons." David lives in southern New Jersey and is a computer graphics artist. Jonathan is an M.D., lives in Newton, MA specializing in creating a nationwide computer program to collect and sort millions of persons medical histories.

Beverly enjoys her life at Whispering Knoll, although she cautions "You have to be tough to be able to live well." She is always beautifully dressed and groomed. "My style is a combination of Talbot's and TJ Max. With an active social life with friends and her temple, the Highland Park Conservative Temple, she is thankful to have her car and be able to drive."

Beverly participates in all fitness classes, walks her mile a day (indoors or out) and enjoys reading and doing crossword puzzles. She is working hard to get rid of her Whispering Knoll spare tire". "I've gained 20 lbs. since I came here. But I have also found good friends (I didn't expect to) who share my sense of humor and keep the days cheerful. The staff... housekeeping, maintenance and dining are for the most part congenial and helpful." She is especially fond of the young men dining room servers, who tease her about her short stature, and give her "choo choo" rides on her dining chair.

"I love 'em. They remind me of my sons."

by Sally Beckwith

New this month!

Chess with Daniel

If you enjoy playing chess or would like to learn something new join us.

See the board for dates and times

New for the Spring and Summer

A rainy day schedule will be posted by the elevators

Things will be added to the calendar when the weather is bad such as movies, trivia, and games.

See recreation with any questions

*Protestant Services will be held on Saturday,
June 13th at 10:00 in the First Floor Social
Lounge.*

Attention Gentlemen of Whispering Knoll

If you are interested in meeting and socializing with the other men here at Whispering Knoll, please sign up for our men's club.

Those who sign up will be invited to an interest meeting where ideas and activities for the club will be discussed. Please sign up at the front desk.

Whispering Knoll Assisted

Sunday

Monday

Tuesday

Wedn

	<p>1</p> <p>9:45 Exercise-ER</p> <p><u>10:30 Out to Tano Mall</u></p> <p>2:00 Walking Club-L</p> <p>3:00 Wii Games-S1</p>	<p>2</p> <p>9:45 Exercise Doctor-ER</p> <p>10:30 Trivia w/ Patricia-B</p> <p>2:00 Black Jack-GR</p> <p>3:15 Walking Club-L</p> <p>6:30 Bingo-AC</p>	<p>3</p> <p>9:45 Exercis</p> <p>10:30 Word C</p> <p>2:00 Ceramic</p> <p>6:30 John Ge</p>
<p>7</p> <p>9:15 Walking Club-B</p> <p>10:30 Coffee Social-B</p> <p>1:45 Matinee</p> <p>3:00 Bingo-AC</p>	<p>8</p> <p>9:45 Exercise-ER</p> <p>10:30 Catholic Services</p> <p><u>10:30 Out to Target</u></p> <p>2:00 Horse Racing-B</p> <p>3:00 Wii Games-S1</p>	<p>9</p> <p>9:45 Exercise Doctor-ER</p> <p>10:30 Trivia w/ Patricia-B</p> <p>2:00 Art of the Masters</p> <p>2:30 Black Jack-GR</p> <p>6:30 Bingo-AC</p>	<p>10</p> <p>9:45 Exercis</p> <p>10:30 Crossw</p> <p><u>11:30 Out to</u></p> <p>1:30 Resident</p> <p>3:00 Bingo-A</p>
<p>14</p> <p>9:15 Walking Club-B</p> <p>10:30 Coffee Social-B</p> <p>1:45 Matinee</p> <p>3:00 Bingo-AC</p>	<p>15</p> <p>9:45 Exercise-ER</p> <p><u>10:30 Out to Rite Aid</u></p> <p>1:00 St. Stephens Bible Study-L</p> <p>2:00 Arts and Crafts-AC</p>	<p>16</p> <p>9:45 Exercise Doctor-ER</p> <p>10:30 Trivia w/ Patricia-B</p> <p>2:00 Black Jack-GR</p> <p>3:15 Walking Club-L</p> <p>6:30 Bingo-AC</p>	<p>17</p> <p>9:45 Exercis</p> <p>10:30 Word C</p> <p>2:00 Bingo-A</p> <p>6:30 Lester S</p> <p>Ent</p>
<p>21</p> <p>9:15 Walking Club-B</p> <p>10:30 Coffee Social-B</p> <p>1:45 Matinee</p> <p>3:00 Bingo-AC</p>	<p>22</p> <p>9:45 Exercise-ER</p> <p><u>10:30 Out to Kohl's</u></p> <p>2:00 Arts & Crafts-AC</p> <p>3:30 Wii Games-S1</p>	<p>23</p> <p>9:45 Exercise Doctor-ER</p> <p>10:30 Trivia w/ Patricia-B</p> <p>2:00 Black Jack-GR</p> <p>3:15 Walking Club-L</p> <p>6:30 Bingo-AC</p>	<p>24</p> <p>9:45 Exercis</p> <p>10:30 Crossw</p> <p><u>11:30 Out to</u></p> <p>3:00 Bingo-A</p>
<p>28</p> <p>9:15 Walking Club-B</p> <p>10:30 Coffee Social-B</p> <p>1:45 Matinee</p> <p>3:00 Bingo-AC</p>	<p>29</p> <p>9:45 Exercise-ER</p> <p><u>10:30 Out to CVS</u></p> <p>2:00 Bingo-AC</p> <p>3:00 Walking Club-L</p> <p>6:30 Piano Styles of Shelly Horn</p>	<p>30</p> <p>9:45 Exercise Doctor-ER</p> <p>10:30 Trivia w/ Patricia-B</p> <p>2:00 Black Jack-GR</p> <p>3:15 Walking Club-L</p> <p>6:30 Bingo-AC</p>	

Living Calendar June 2009

Wednesday	Thursday	Friday	Saturday
<p>Doctor-ER Games w/Barbara Entertains</p>	<p>4 9:45 Exercise-ER 10:30 Pokeno-B 2:00 Crafts w/Valerie 2:30 Black Jack</p>	<p>5 9:45 Exercise-ER 10:30 Catholic Communion 2:00 Entertainment</p>	<p>6 9:45 Exercise-ER 10:30 Trivia-B 2:00 Rosary-S1 3:00 Bingo-AC</p>
<p>Doctor-ER Word Puzzle <u>Tony's Pizza</u> Meeting-L C</p>	<p>11 9:15 Walking Club-L 10:30 Edgar Childcare-AC 11:30 Rock & Roll BBQ w/Joe Paris 2:15 Afternoon Matinee</p>	<p>12 9:45 Exercise-ER 10:30 Catholic Communion 2:00 Entertainment</p>	<p>13 9:45 Exercise-ER 10:00 Protestant 2:00 Rosary-S1 3:00 Bingo-AC</p>
<p>Doctor-ER Games C Smith Entertains-L</p>	<p>18 9:45 Exercise-ER 10:30 Pokeno-B 2:00 Garden Club-AC 2:00 Black Jack-GR</p>	<p>19 9:45 Exercise-ER 10:30 Catholic Communion 2:00 Entertainment 3:30 Jewish Services</p>	<p>20 9:45 Exercise-ER 10:30 Crossword Puzzle-B 2:00 Rosary-S1 3:00 Bingo-AC</p>
<p>Doctor-ER Word Puzzle <u>China Buffet</u> C</p>	<p>25 9:45 Exercise-ER 10:30 Pokeno-B 11:00 Delores Jewelry-B 2:00 Black Jack-GR</p>	<p>26 9:45 Exercise-ER 10:30 Catholic Communion 2:00 Birthday Party w/Janet Gennaro-L</p>	<p>27 9:45 Exercise-ER 10:30 Trivia-B 2:00 Rosary-S1 3:00 Bingo-AC</p>



Happy June
Birthdays

Joseph Borkes 6/5

Theresa Griegi 6/24

Frances Larson 6/29

Whispering Knoll Diary by Sally Beckwith

Overheard in the Elevator:

Resident #1: How are you doing?

Resident # 2: Not so good. I'm all out of "PUFF."

Resident #1: Are you coming down for exercise class?

Resident # 3: There's nothing I can do to this old body except to make sure it will fit into the box they have waiting for me.

New Spring-time residents at Whispering Knoll

A flock of goldfinches, sparkling yellow jewels, feeding on the siskins in a birch tree.

Nesting robins, with shiny black heads, and plump, rosy red bosoms.

Three little yellow-fuzzy tufted goslings, chirping and waddling after their proud and protective parents.

Food for Thought: What's a wild goose chase?

The great and sad mistake of many people—among them, even pious persons—is to imagine that those whom death has taken, leave us. They do not leave us. They remain! Where are they? In darkness? Oh, no! it is we who are in darkness. We do not see them, but they see us. Their eyes, radiant with glory, are fixed upon our eyes full of tears. Oh, infinite consolation! Though invisible to us, our dead are not absent.

I have often reflected upon the surest comfort for those who mourn. It is this: a firm faith in the real and continual presence of our loved ones; it is the clear and penetrating conviction that death has not destroyed them, nor carried them away. They are not even absent, but living near to us, transfigured: having lost, in their glorious change, no delicacy of their souls, no tenderness of their hearts, nor especial preference in their affection. On the contrary, they have, in depth and in fervor of devotion, grown larger hundred-fold. Death is, for the good, a translation into light, into power, into love. Those who on earth were only ordinary Christians become perfect...those who were good become sublime.

--Karl Rahner

May Employee of the Month

Bill Gregan

“Bill, would you my toilet seat?”

“Bill would you lower the water level in my toilet.”

“Bill, how do I change the clock on my microwave.”

“Bill my apartment is freezing.”

“Bill, I know you’re off this weekend, but we’re expecting 6 inches of snow tonight. Please come in.”

“Bill my bathroom ceiling is leaking.”

Bill is a very accommodating man. Sometimes “my job can be nerve wracking, but I get a good feeling inside doing what needs to be done.“ His stress reliever? “Waiting tables in the dining room! I kid around to make it fun...like you want a straw? No straws on Tuesday.”

Bill was born in Perth Amboy in 1955, and grew up in Iselin, one of five children. He went to St. Cecilia's Grammar School , graduated from Woodbridge high school, and went right to work at General Motors in Linden. “As soon as I started working there they closed down my shift. That was probably lucky for me, because I got a job at JFK. The hospital was building its first addition. I joined a construction crew as a full-time temporary worker. There was a small group of us, kids out of college, me out of work. They called us the “Yard Birds” Bill was later hired as a maintenance mechanic. He went to Lincoln Tech to be a certified air conditioning and heating technician. “I knew a little bit about a lot of things as the hospital expanded.”

Bill came to Whispering Knoll 7 1/2 years ago as the Director of Building Services, the umbrella title for maintenance, housekeeping and security. He’s a work-a-holic, and works tirelessly. “The most difficult part of my job is keeping all the residents comfortable in their apartments. Most of their requests are reasonable and doable. I do my best.”

Bill is very proud of his daughter Kristen, age 21, and Tommy, age 19. Kristen will graduate this month from the University of Delaware with a BSS degree. She has been accepted for the University’s Nursing School one year program where she will earn her RN certification. Tommy has completed his first year at George Mason University in Virginia. He wants to pursue a career with FBI, with course requirements in Accounting, Foreign affairs and Criminology.

Bill is looking forward to his traditional summer vacation with a group of friends, renting a Jersey Shore house or one on the Outer Banks. “We have a ball!”

Have a great time Bill. You deserve it.

by Sally Beckwith

Fire Drill Procedure Reminder

Please Read

*** In an Event of a Fire Alarm or Fire Drill:**

***PLEASE DO NOT PANIC**

***Stay where you are. If you are in your apartment
DO NOT leave.**

***NEVER use an Elevator**

***DO NOT use a stairwell unless directed & with help
as needed**

***The staff or fire department will direct you if an
evacuation is needed.**

***The alarm system goes directly to the fire
department & they will respond quickly.**

***The staff will notify you when all is clear.**

***Fire drills will take place every month.**





Whispering Knoll Assisted Living
62 James Street
Edison, NJ 08820

1141

